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## Spring Spreads Nutty Breads Marilyn Lapenta

**intelligentsia coffee why provence - provence breads & cafe** - nutty turtle - hazelnut, creamy caramel, chocolate & espresso ... organic flour in our breads and pastries, to 100% natural meats and cheeses in our sandwiches and café products. ... nuts & goat cheese over spring mix sandwiches 6.5 turkey /turkey, sharp white cheddar, basil **desserts - tatte bakery and cafe** - desserts. cakes & tarts (serves 8-10) fresh berry tart - \$38. lemon mint tart - \$45. strawberry rhubarb tart ... served with 3 house made savory spreads - serves 4. \$14.5. breakfast lunch. breakfast entrees (minimum of 6) breakfast sandwich ... green & nutty. fresh cut lettuce, baby arugula, sliced apples, black sesame, ... **freshly produced foods meats/poultry/seafood** - tty, ll (spring/summer)(lisa stanford candy, cake balls, shaved ice. bnutty peanut butter-variety of flavors dat girl, inc. (all) ... jams, spreads, sweet breads (all) rebecca's handmade toffee hannah ee honey (summer/fall) rebecca rosario hannah & peter stroh rebeccashandmadetoffee **northern new england edition spring 2011 - health plans inc.** - northern new england edition | spring 2011. spring 2011 information in your health is designed to complement, not replace, the care ... spreads or dips. tofu can also be blended to make creamy pies and other desserts. ... can add flavor and nutrition to breads, cookies and other baked goods. quinoa seeds have a mild flavor and a light, fluffy tex- **artisan breads - richs** - artisan breads artisan breads bread is never ordinary 1. our story artisan breads ... creates the enviable spring and lift of artisanal bread. baking on stone imbues a rustic flavour, ... hearty sandwiches, cold cut spreads, olive oil and balsamic vinegar dipping. long fermentation time made with stoneground flour baked in a stone oven **c o r p o r a t e m e n u breakfast platters & more** - danishes, scones and sweet breads ... nutty chicken crunch chicken salad with almonds and cashew nuts over garden greens with dill ranch dressing ... crisp romaine lettuce, spring greens and baby spinach with strips of grilled breast of chicken, cajun salmon, diced eggs, bacon pieces, cucumbers, grape ... **comprehensive elimination diet with recipes** - breads advertised as gluten-free which contain oats, spelt, ... spring water oils ! almond ! flax seed ! canola ! olive ! pumpkin ! safflower ! sesame ! sunflower ... this is a suggested day-by-day menu for one week while on the comprehensive elimination diet. ! use this menu to stimulate your own ideas and modify it according to your own taste. **time spring good health - geniuscentral** - spring cleaning time for every day low price! 2 makingflavourfulchoices edward & sons ... with a mild, nutty taste, add 1-2 tablespoons to any beverage or recipe. ... tm is the ideal foundation for spreads and hors d'oeuvres, and the perfect accompaniment to hummus or **gluten free products list - welcome to raley's family of ...** - bakery on main granola nutty cranberry maple bakery main cinn/raisin granola ... edward & sons org rice toast jasmine&spring onion edward & sons gf ice cream cones edward & sons gf sugar cones ... gluten free products list revised april 2012ckm. some items not available at all stores. **organic news natural notes coping with seasonal allergies ...** - spring cleaning tip: air freshener - sprinkle essential oil on ... gluten free breads the best tasting gluten-free products and are ... reg \$4.29 \$3.29 premium fruit is chosen to make these delectable fruit spreads with 1/3 less sugar than jam. fruit juice excluded organic fruit spreads 2 for \$5 organic canned beans 398ml reg \$6 **favorite culinary herbs for the north texas landscape** - favorite culinary herbs for the north texas landscape a few basics for growing herbs in north texas, ... vinegars and spreads. the petals are also used as a substitute for saffron in rice and soup dishes. ... cream sauces and dips. dried seeds have a nutty taste and are used in breads, butters, cheeses and curries. seeds germinate and grow ... **servicing our local community since 1985 our famous crumb ...** - nutty chicken salad --\$8.49 mixed greens, marinated chicken, grapes, apples, feta, glazed walnuts, raisins, sunflower seeds & raisins ... tuna salad, egg salad, veggie tuna, spring time tuna, raisin chicken dressings oil & vinegar, raspberry vinaigrette, balsamic vinaigrette, oriental sesame, honey dijon, honey mustard, blue cheese, ranch ...

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